



"As iron sharpens iron,  
so one person sharpens  
another," Proverbs 27:17

# Discover how to Live Effectively

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Living Effectively  
Mentorship Program  
**(LEMP)**



## Why LEMP?

**Looking at the big picture:** Let's face it. One day, we will all DIE. We will be lying on that cold slab. Breathless, lifeless. Finally silent. We won't be buried with the things we loved or worked so hard to possess. The most we will be buried with, if we are lucky is a fancy coffin, a designer suit or dress. And it's a wrap. DEAD, GONE, and life will go on like we were never around (Read Psalms 103:15-16 and Ecclesiastes 5:10-15).

The only thing that will be left once we die is our legacy – the impact of our actions and decisions. Suppose you die today, what will be your greatest achievement. Your life is a GIFT, and what you do with it is your GIFT TO THE WORLD. **You write your legacy EVERYDAY by the things you DO and the things you DON'T DO.**

### God created you for a purpose

The greatest tragedy in life is not death. Its life without a purpose. Imagine living for years on earth and dying without knowing why you existed. The two greatest days of your life is the day you were born, and the day you find out why you were born. God didn't create you by accident or for entertainment, He created you for a purpose. **God needed you to accomplish something unique on earth that ultimately made your existence necessary.**

In Genesis 1:28 God commanded man to be fruitful (productive) and multiply (grow). God expects us to live effectively on earth. He expects us to be resourceful, valuable, useful and to increase in all aspects of our lives. Not forgetting that eventually we will stand before Him to give an account of our lives.

“He has saved us and called us to a holy life  
- not because of anything we have done but  
because of his own purpose and grace,”  
- 2 Timothy 1:9

## About LEMP

**Living Effectively Mentorship Program (LEMP)** was formed stemming from the founder's passion of providing mentoring opportunities to individuals committed to personal and professional development. **The vision of LEMP is to equip individuals to discover their purpose and maximize their God-given potential to live effectively on earth as they also become agents of change.**

LEMP is a national mentorship society established in 2015 and registered under the Societies Act as a Society under Chapter 180 of the Laws of Kenya. Since its inception, the program has directly impacted close to 20,000 people, including conducting 11-Seasons of structured mentorship sessions, giving talks in universities, churches, groups and corporate organizations across the country.

### Investment in knowledge

At LEMP, we believe that **an investment in knowledge pays the best interest. We also believe that opportunity only dances with those who are already on the dance floor.** We, therefore hope that we will help you realize your dreams in life by equipping you with knowledge, and necessary life skills to live effectively.

LEMP offers tailored mentorship courses for individuals, schools, institutions, universities, churches, corporate organisations, NGOs, and groups. Get in touch with us for more information and engagement. LEMP is governed by a group of volunteers drawn from the LEMP Alumni who oversee its daily and strategic management.

**Develop a passion for learning. If you do,  
you will never cease to grow**  
- Anthony J. D'Angelo

## Our Vision

To equip individuals to discover their purpose and maximize their God-given potential to live effectively on earth as they also become agents of change.

## Our Mission

To transform individuals into agents of change by equipping them to maximise their God-given potential to live an effective and purposeful life.

## Our Values

Biblically Grounded

Purpose Driven

Excellence

Integrity

Transformative

Courageous

Effectiveness

Responsibility

## Our Course

We run **LEMP 101**, a 10-week course that offers a holistic approach to life. Classes are held every Saturday from 9 am to 2 pm for 10-weeks.

We have also launched **the LEMP MasterClass on Talent and Life-skills Development**. Check our website for more details.

LEMP is also set to soon roll out customized mentorship courses targeting Corporate Organizations, Teens, Young Adults and Adolescents



## **The LEMP 101 course module, includes:**

- 1. Introduction to mentorship** – What's life, success and the essence of man's existence.
- 2. Spiritual Development Part 1** – Discovering your purpose in life.
- 3. Spiritual Development Part 2** – How to discover your purpose
- 4. Personal Development** – How to unlock your potential and live effectively.
- 5. Professional Development** – Getting ready for the job market and business world.
- 6. Networking development** – Connecting with the right people and opportunities for success.
- 7. Financial development** – Understanding principles of personal financial management, savings, investment and wealth creation.
- 8. Physical development** – Why health is your greatest asset for without health, wealth is useless.
- 9. Love, sex and relationships** – How to overcome sexual bondage and keys to successful relationships.
- 10. Leadership development** – How to be an agent of change.

## How to enroll

Enroll online at:  
[www.lemp.co.ke](http://www.lemp.co.ke)

## Who can join?

LEMP is opened to any individual who desires to discover their purpose and maximize their God-given potential regardless of their age, sex, gender, education, religious background or any related things.

## Venue

Classes for LEMP are conducted at Young Women's Christian Association Headquarters, along Nyerere/Mamlaka Road, near Serena Hotel in Nairobi, Kenya.

## Your investment

**LEMP 101 Course is offered free of charge.** However, a commitment fee of Kshs 1,000 is charged to facilitate provision of resource materials, certificate, meeting venue and snacks and beverages during classes.

## Payment

Payments can be done in weekly or monthly instalments:  
MPESA Pay Bill Number 488700  
or Bank details is: Account Name - LEMP; Account Number -1004529754, NIC BANK; Branch - NIC HOUSE.

## Connect with us

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FACEBOOK: Living Effectively Mentorship (LEMP)

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“Do your best to be the kind of person God will accept, and give yourself to him. Be a worker who has no reason to be ashamed of his work, one who applies the true teaching in the right way,”

2 Timothy 2:15

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